

Relationships, Sex and Health Education (RSHE) Policy

LINDON BENNETT SCHOOL



MY REQUESTS

Give me the dignity and respect I deserve

Always give me time to respond

Remember I like to make choices, please help me to do so

Always look out for me and keep me safe

Always remember to tell me what is happening next

Stay calm and be patient with me

Give me the opportunity and time to communicate for myself

Talk with me, not about me

Please take the time to understand what I am trying to tell you

Please don't judge me

Reviewed: Spring 2021
Next review: Spring 2022

1. Aims

The aim of Lindon Bennett's School's RSHE Policy is for our pupils to be as prepared as possible for all the opportunities, experiences and responsibilities that are available to them as they progress through school life and move on to secondary school placements and to adulthood. It aims to give pupils information, help them acquire the skills and offer them the support they will need to meet the challenges and demands of life in the community.

We aim to achieve this by:

- adopting a whole-school approach to RSHE in the curriculum
- promoting pupil voice across all aspects of school life
- developing pupils' self-esteem and sense of self-worth
- promoting the personal and social development of pupils through the curriculum
- helping pupils to recognise their own needs and those of others
- helping pupils to identify/name parts of the body
- helping pupils to develop healthy and respectful friendships and relationships
- ensuring pupils are empowered as far as possible to communicate when they need help and support
- supporting all pupils to extend their skills in communicating about sexuality issues by helping them access information and enabling them to express themselves most appropriately
- support pupils in understanding the difference between public and private spaces and what is appropriate behavior in either case
- using clear and unambiguous images to describe sexual matters and using Makaton (and other forms of communication) where appropriate
- improving the pupils' awareness of their own body, how it changes at different times of life and how these changes can best be dealt with
- supporting the pupils to identify and understand their emotions and help them develop the skills to manage them,
- supporting pupils to foster an understanding of, and a healthy attitude to, human sexuality and relationships in a moral, social and spiritual framework,
- establishing an awareness of the importance of stable family life and the responsibilities of parenthood
- developing a respect for diversity and the need to avoid prejudice and discrimination

2. Statutory requirements

As a maintained primary school we must provide relationships education to all pupils as per section 34 of the [Children and Social work act 2017](#).

In teaching RSHE, we must have regard to [guidance](#) issued by the secretary of state as outlined in section 403 of the [Education Act 1996](#).

At Lindon Bennett we teach RSHE as set out in this policy.

4. Definition

RSHE is about the emotional, social and cultural development of pupils, and involves learning about relationships, sexual health, sexuality, healthy lifestyles, diversity and personal identity.

RSHE involves a combination of sharing information, and exploring issues and values.

RSHE is not about the promotion of sexual activity.

5. Purpose of the Policy

Special schools have a duty to ensure that children with special educational needs and learning difficulties are properly included in RSHE. RSHE should help all pupils understand their physical and emotional development and enable them to make empowered decisions in their lives.

6. Curriculum

Our RSHE curriculum has been developed to take into account the age, needs and feelings of the pupils at Lindon Bennett School.

Please refer to The Lindon Bennett PSHE Curriculum document for more curriculum information.

6. Delivery of RSHE

RSHE is taught within the personal, social, health and economic (PSHE) education curriculum and pupils will be encouraged to:

- Develop confidence and make the most of their abilities
- Play an active role in the school and community
- Develop a healthy life-style
- Be aware of safe environments
- Develop positive friendships
- Respect differences between people

Pupils will have opportunities to:

- Participate in a range of activities
- Feel positive about themselves
- Make informed choices and decisions
- Be empowered
- Take responsibility for their actions
- Seek advice and information
- Prepare for change in their bodies and in their lives

Specific individual teaching sessions will be offered appropriately to meet the needs of different pupils as they arise.

7. Roles and responsibilities

7.1 The Governing board

The governing board will approve the RSHE policy, and hold the headteacher to account for its implementation.

7.2 The Headteacher

The headteacher is responsible for ensuring that RSHE is taught consistently across the school, and for managing requests to withdraw pupils from non-statutory components of RSE (see section 8).

7.3 Staff

Staff are responsible for:

- Delivering RSHE in a sensitive way
- Modelling positive attitudes to RSHE
- Monitoring progress
- Responding to the needs of individual pupils

Responding appropriately to pupils whose parents wish them to be withdrawn from the non-statutory Staff do not have the right to opt out of teaching RSHE. All staff with whole class teaching responsibility will have responsibility for teaching RSHE within Lindon Bennett School.

8. Parents' right to withdraw

Parents do not have the right to withdraw their children from relationships education.

Parents have the right to withdraw their children from the non-statutory components within PSHE.

Requests for withdrawal should be put in writing addressed to the Head teacher.

9. Training

Staff are trained on the delivery of RSE as part of their induction and it is included in our continuing professional development calendar.

10. Monitoring arrangements

The Senior Leadership Team and Standards and Performance Working Group have the responsibility for ensuring that the elements of RSHE are met within Lindon Bennett's School curriculum.

The school recognises that staff need specialist support to undertake specific areas of RSHE. They will work in conjunction with the Speech and Language Therapy Service, the School Nursing service and any other relevant agencies (for example, Social Services, Sex and Relationships voluntary organisations).

Pupils' development in RSHE is monitored by class teachers as part of our internal assessment systems.

This policy will be reviewed by Deputy Headteacher.

At every review, the policy will be approved by Standards and Performance Working Group.