**Making Toast!**

Making toast is a great opportunity for your child to develop different skills.

Using the toaster ***with close adult supervision,*** allows them to **observe** how things work and to notice change. (Exploring cause and effect)

* Putting the bread into the toaster
* Pushing down the lever
* Watching the toast pop up- observing what has happened to the bread!

Afterwards, support your child to **make a choice** about what they would like on their toast.

Offer them a choice of 2 or 3 items, encourage a response by use of eye gaze, pointing, reaching for or using words/sighs/symbols. This supports their **communication** development.

Help your child to develop **independence/self-help** skills as they spread their choice onto their toast! This also helps to develop **physical skills and hand-eye coordination**.

Enjoy your toast! ☺

